Night Time Noise Impacts

Does the Industry or Government know how many people are adversely affected by Night Time Noise?

Dave Gilbert HCNF 26th Jan 2022

HCNG - Heathrow Communities Noise Group

Night Time Noise Impacts. Dave Gilbert (Teddington Action Group). Heathrow Community Noise Forum 26/01/2022.

People are woken up by Noise Events

- 10 x 60dB L_{Amax} events is a key threshold *
- Impact contours calculated through Modelling
- But Modelling is based on Assumptions
- Concern Recent 2019 data have shown big differences from different Models
- Consider LHR impact at 10 x 60dB average night (11pm-7am) events
 - CAA/ERCD ANCON Modelling** says 0.97m (2018) and 1.1m (2019) people impacted
 - Heathrow AEDT/INM Modelling*** says 1.6m (2019) people impacted
- Numbers impacted are massive anyway (>1m people) but also the differences between the models, nearly 50%
- What is happening?
- * See WHO guidelines 1999
- ** Data from CAP 1901 & CAA
- *** Data from Slightly Steeper Approaches Consultation

Tim Henderson Retweeted
SchipholWatch @Schi... · 1d ~
Replying to @To70_Aviation
That's because people don't

wake up from Lden, but from LAmax. Several times a night.

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Acronyms; ERCD - Environmental Research and Consultancy Department. ANCON - Aircraft Noise Contour Model, AEDT - Aviation Environmental Design Tool, INM – Integrated Noise Model

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WHO 1999 Community Noise Guidelines

For a good sleep, it is believed that indoor sound pressure levels should not exceed approximately 45 dB LAmax more than 10–15 times per night (Vallet & Vernet 1991), and most studies show an increase in the percentage of awakenings at SEL values of 55–60 dBA (Passchier-Vermeer 1993; Finegold et al. 1994; Pearsons et al. 1995). For intermittent events that approximate aircraft noise, with an effective duration of 10–30 s, SEL values of 55–60 dBA correspond to a LAmax value of 45 dB. Ten to 15 of these events during an eight-hour night-time implies an LAeq,8h of 20–25 dB. This is 5–10 dB below the LAeq,8h of 30 dB for continuous night-time noise exposure, and shows that the intermittent character of noise has to be taken into account when setting night-time limits for noise exposure. For example, this can be achieved by considering the number of noise events and the difference between the maximum sound pressure level and the background level of these events.

* Note 60dB LAmax is an outside level, attenuation through an open window is assumed to result in a 45dB event

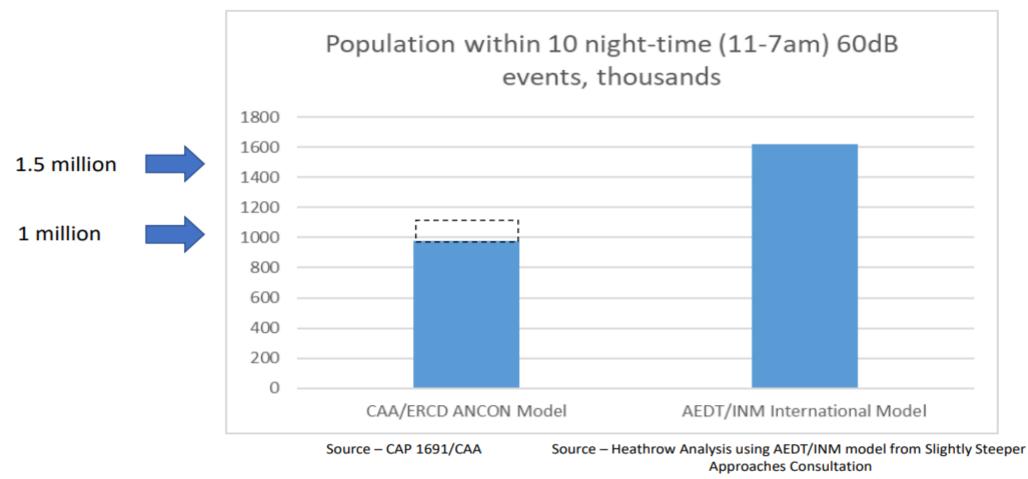
More recent studies have suggested a noise level of 42dB in the bedroom can disturb sleep (WHO 2009 Night Noise Guidelines for Europe)

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Acronyms; SEL - Sound Energy Level

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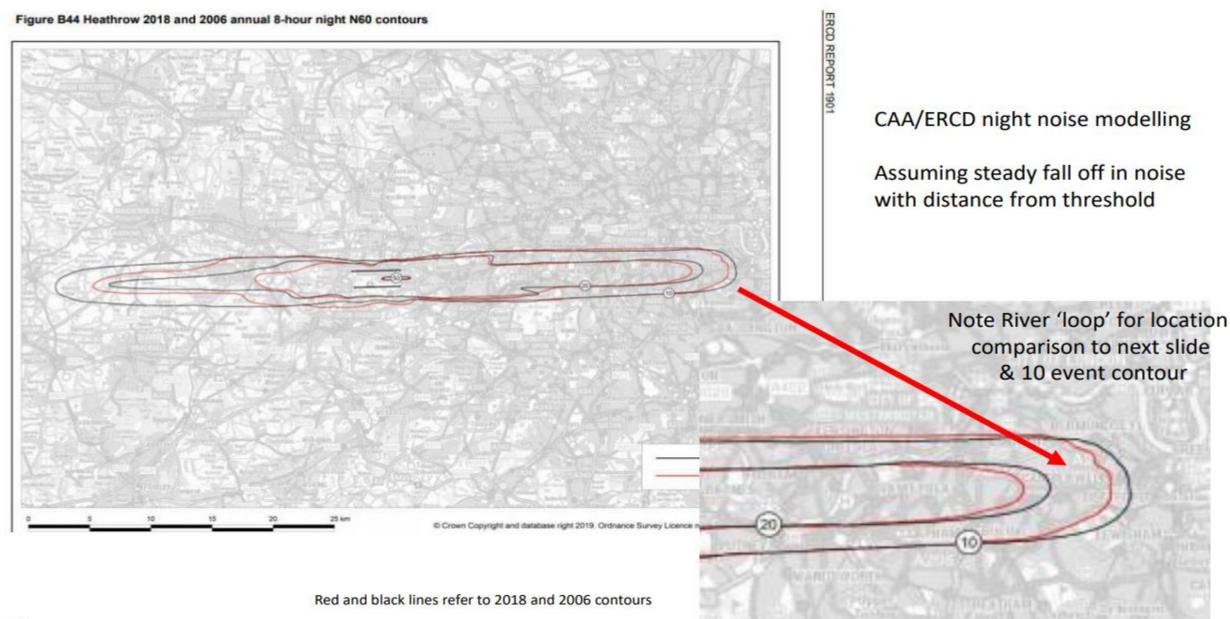
Population Impact differences between CAA/ERCD ANCON & AEDT/INM models – for 10x Night Time N60 events



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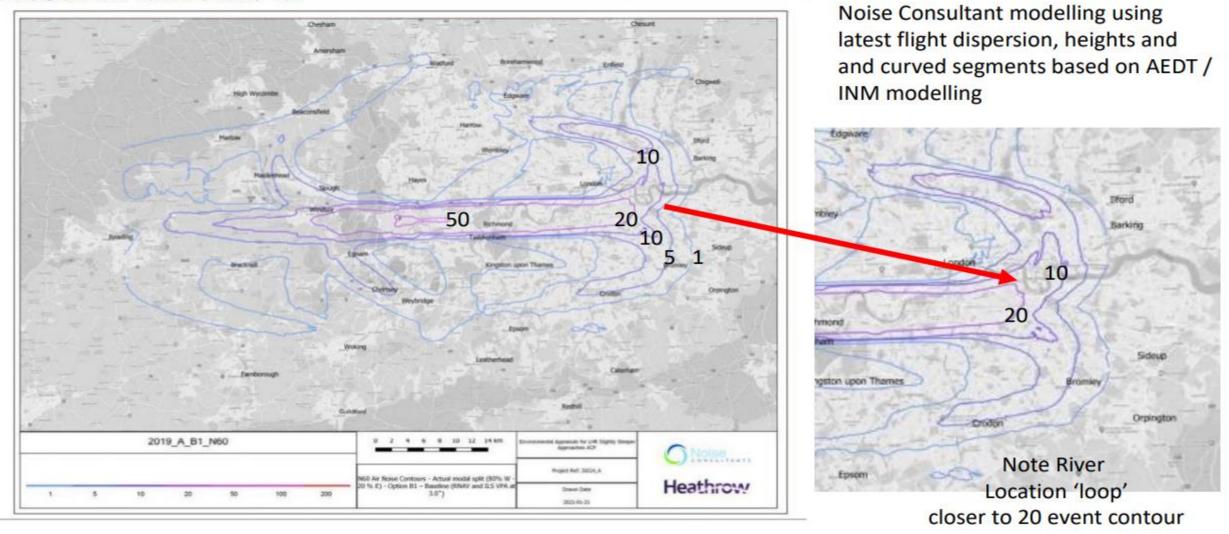
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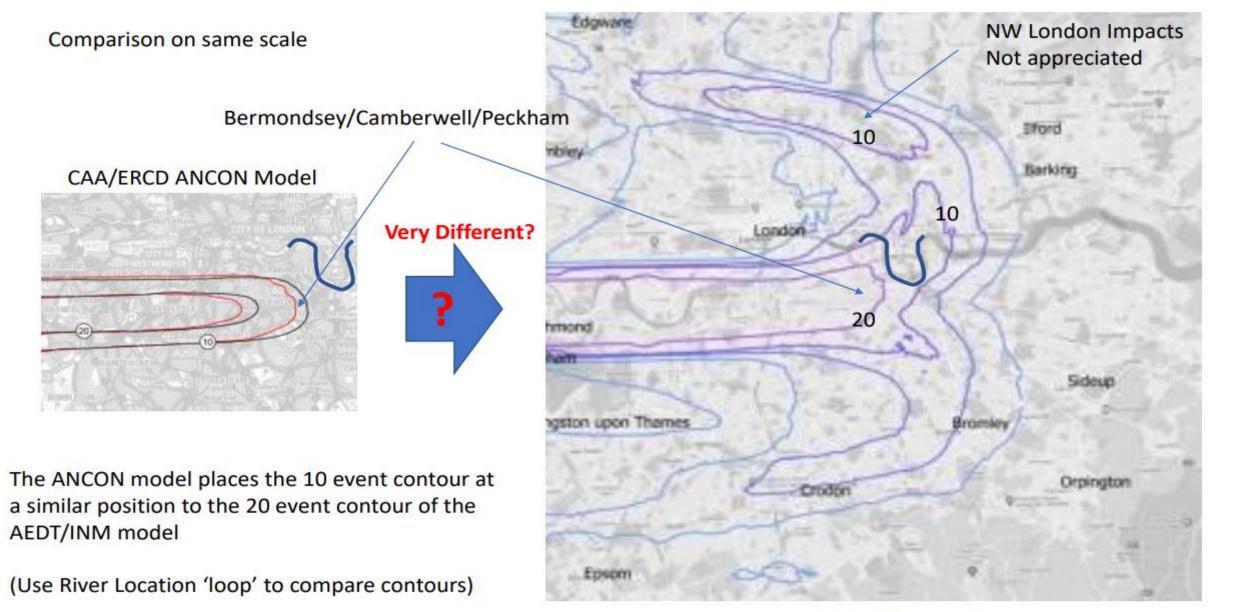
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From Slightly Steeper Approach Consultation Appendix A

Night Time Noise Impacts. Dave Gilbert (Teddington Action Group). Heathrow Community Noise Forum 26/01/2022.

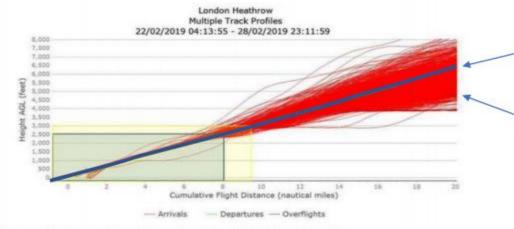


AEDT/INM Model

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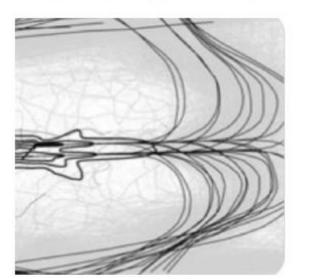
What could be causing these differences?

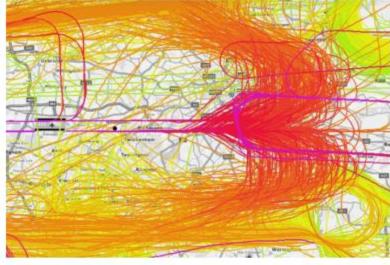


Please note: This diagram is only to provide an understanding and should not be used for analysis.

 CAA/ERCD ANCON assumption –
Continuous Descent Departures (CDO)?
Whereas AEDT/INM – uses real
flight data

Data suggests real height dispersion with many lower planes?





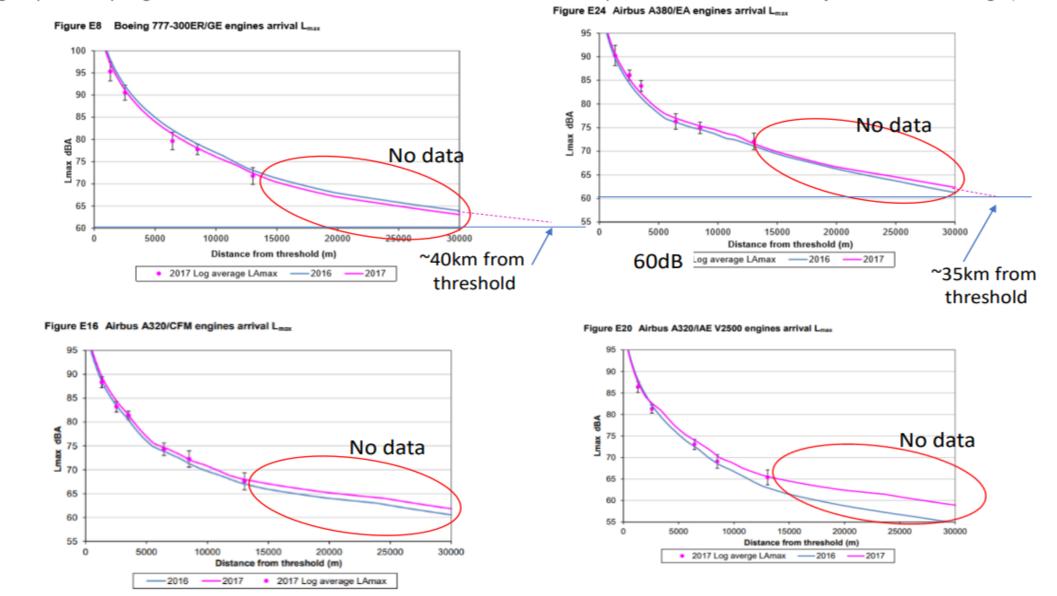
AEDT/INM uses real flight data - more concentrated?

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Improved validation required for CAA/ERCD ANCON Model?

(Challenge is potentially to get noise monitors to record 60dB events - but some now in quiet locations so could be adjusted to lower settings?)



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Conclusions

- Assumptions used in AEDT/INM more robust (e.g. real heights) and likely to better represent the real situation
- This means that many more people are affected by night noise than understood by aviation industry and Government
- More restrictive Night Time measures and operations are needed
- This applies to all UK airports
- Urgent need to get ANCON model validated
 - several noise sensors in lower noise positions (e.g parks or fields) so now possible
- Proposed action HCNG noise representatives meeting with DfT to discuss issue in depth and routes forward

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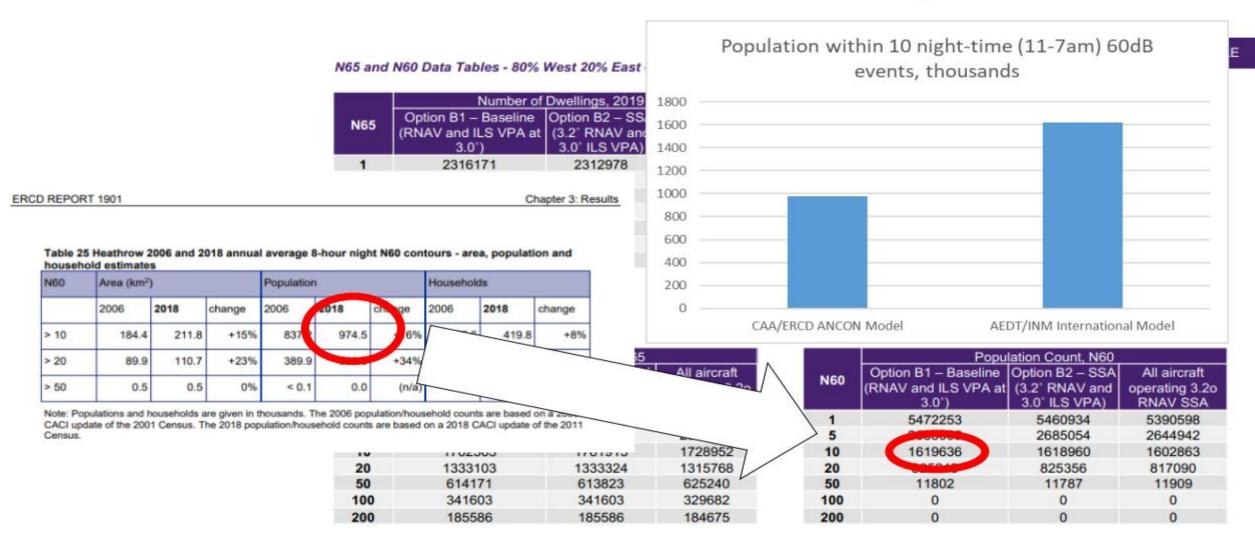
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Reference Slides

Night Time Noise Impacts. Dave Gilbert (Teddington Action Group). Heathrow Community Noise Forum 26/01/2022.

Differences between CAA/ERCD ANCON & AEDT/INM models – Night Time N60 events



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