

# Helping families prepare for security



# How can I prepare at home and before check-in?

Take only what you need on board the plane in your hand baggage.

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Maximum 100ml containers of liquids, gels and pastes are allowed through security.

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Exceptions may be made to the 100ml rules for liquid baby milk and food. Please carry only what you need for the flight in your hand baggage. You may be asked to open the containers and taste the contents.

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Children's medication over 100ml required during the flight is allowed in hand baggage with proof of requirement, eg. medical letter or prescription.

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You may be asked to remove your child's shoes; velcro straps are easier than shoelaces.

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Check size restrictions for hand baggage and pushchairs with your airline.

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No toys resembling weapons, such as toy guns, are allowed in your hand baggage.

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## What should I do before the x-ray machine?

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Pack baby milk and food separately  
– Place in a tray for screening  
– You may be asked to taste these.

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Have children's medication required for the flight ready for inspection with proof of requirement (doctor's letter or prescription).

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All games and toys, books, blankets and stickers, will be x-rayed.

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Pushchairs, car seats and other child-related equipment will be x-rayed.

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Please fold pushchairs.

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Oversized items will be screened separately.

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## What happens at the metal detection arch?

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Children who can walk unaided can go through the arch alone. If the alarm sounds, the child will be searched with an accompanying adult present.

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Children who cannot walk unaided should be carried through the arch. If the alarm sounds, you will both be searched.

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# Your questions answered

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 **Am I allowed to take a baby bag as well as my own cabin bag, if my child is sitting on my lap?**

Please check with your airline, as each has different rules on cabin baggage.

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 **Am I allowed to take my child's pushchair to the gate?**

Yes, these items will need to be x-ray screened, so your child/children will have to be lifted out at security.

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 **Am I allowed to take children's puzzle books, games and stickers on board?**

Yes.

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 **Can I take wet wipes on the plane?**


Yes.

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 **Can I take milk powder with me to make up a bottle of milk on the plane?**

Yes.

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 **What about bottles or cartons of prepared milk or sterilised water? Do they need to be a maximum of 100ml?**

If you are travelling with a baby, you may take over 100ml of these items in a reasonable quantity needed for your flight. They do not have to fit into the resealable bag. You may be asked to open the containers and taste the contents. There are no limits for formula milk powder. Bottled water can be bought in the shops after security and your airline can also provide water during the flight.

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**Can I buy cartons of formula milk from the shops after security?**

Yes. Boots sell ready-to-drink formula in both 250ml and 500ml sizes after security. To reserve formula milk for purchase in the shops after security, please email [genres-collect@baa.com](mailto:genres-collect@baa.com)

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**What about jars of baby food?**

If you are travelling with a baby, you may carry baby food in reasonable amounts for the flight. You may however, be asked to open the containers and taste the contents. The jars do not need to go into your transparent, resealable bag.

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**What about puréed food?**

The rules for puréed food for your child are the same as milk: you may take puréed food in reasonable amounts over 100ml for your flight. You may however, be asked to taste the contents. For adults, puréed food is treated as a liquid and is only permitted in containers over 100ml if required for medical reasons and accompanied by proof of requirement (eg. a doctor's letter or prescription).

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**Can we take baby car seats (for use on the plane) through security?**

These may be carried through security, however, please check with your airline as each has different rules on what is permitted.

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**Can we carry sandwiches and crisps?**

Yes.

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## How can I get assistance?

Ask a security officer for advice on how to prepare or for help gathering your bags together.